

RECREATION PROGRAMS

Fall / Winter 2018

Register @ the Recreation Office in the Millennium Exhibition Centre, by phone with a credit card at 204-324-9005 or online with a credit card at www.altona.ca

Pre-registration and payment upon registration is necessary for all recreation programs.

Programs may be cancelled 1-2 weeks prior to start dates if minimum # of participants is not met.

NO REFUNDS FOR CLASSES MISSED DUE TO WEATHER CONDITIONS

KIDS & YOUTH

Registrations starting August 30, 2018

BABYSITTING COURSE

NOTE—Child must be 12 years of age to take this course

Date: Saturday, Oct. 20
 Time: 9:00 am—3:00 pm
 Location: Millennium Exhibition Centre
 Cost: \$45.00 per person
 Instruction by Brenda Friesen

BALLET—SATELLITE PROGRAM OF ROYAL WINNIPEG BALLET

Date: Mondays, Sep. 17th—Dec. 17th & Jan. 7th—Mar. 11th
 Rehearsal: Saturday, Mar. 16th
 Recital: Sunday, Mar. 17th
 Time: CM1—4:00—4:45 pm (Ages 3 & 4)
 CM2—4:45—5:30 pm (Ages 4 & 5)
 Pre-Ballet—5:30—6:30 pm
 Ballet—6:30—7:30 pm
 Jr/Sr Jazz—7:30—8:30 pm
 Adult—8:30—9:30 pm
 Location: Rhineland Pioneer Centre
 Cost: \$195.00 for 45 min. class & \$220.00 for 1 hour class
 Instruction by Royal Winnipeg Ballet

CO-ED DODGEBALL—Grades 7-8

Date: Thursdays, Oct. 18th—Dec. 6th
 Time: 7:15—8:15 pm
 Location: Ecole West Park School
 Cost: \$25.00 per person
 Instruction by Don Feaver



CO-ED BASKETBALL GRADES 4-6

Date: Thursdays, Oct. 18th—Dec. 6th
 Time: 6:00—7:00 pm
 Location: Ecole West Park School
 Cost: \$25.00 per person
 Instruction by Don Feaver & Todd Redhead



JUNIOR CURLING—GRADES 1—4

Date: Thursdays, Nov. 8th—Dec. 13th
 Time: 5:00—5:45 pm
 Location: Altona Curling Club
 Cost: \$45.00
 Instruction by Altona Curling Club

JUNIOR CURLING—GRADES 5—12

Date: Mondays from 5-6:30 for beginner/intermediate and 6:30-8 for intermediate/advanced. (Times to be confirmed once numbers are confirmed). Runs from November 5th until mid March. Sign up as teams, individuals or small groups. Registration will be held on Tuesday October 16th at the Altona Curling Club. \$95 per person for the season. Contact Keith Stoesz at [204-324-9071](tel:204-324-9071) or skeith@mymts.net for more information.

HOCKEY— Altona Minor Hockey

Date: Registration—Sep. 11th @ W.C. Miller Collegiate
 Please contact altonaminorhockey@gmail.com for more information

KIDS PAINT PARTY— Tote Bags— Ages 6 & up

Date: Friday, Oct. 26th
 Time: 4:00—5:00 pm
 Location: M.E.C. Craft Meeting Room
 Cost: \$35—Includes paint supplies & snacks
 Instruction by Painting on the Prairies



RECREATIONAL HOCKEY (Gretna Stars)

Date: TBD
 Location: Gretna Arena
 Please contact Donovan Bergman @ 204-324-4180 or email donovanb@friesens.com

SOCCER—Timbits program—Grades K-4

Date: Tuesdays & Wednesdays
 Sep. 4th—Oct. 10th
 Time: 6:00—7:00 pm
 Location: Ecole Elmwood School
 Cost: \$30.00 per person or \$40 for two
 Instruction by Rodrigo Bravo

STAINED GLASS WORKSHOP FOR BEGINNERS—Ages 12 & up

Date: Saturday, Sep. 29th
 Time: 9:00-5:00 pm
 Location: M.E.C. Craft Room
 Cost: \$60.00 per person
 Instruction by Leonard & Anne Hordijk

TAEKWONDO—Junior Tigers & Beginners

Date: Sep. 17th
 Ages: Jr. Tigers—Ages 3—7
 Beginners—Ages 8 & up
 Location: Taekwondo Club Altona
 34 2nd Ave NE, Altona

Please contact Sergei Kankje @ 204-324-5700 or 204-794-6797 or visit www.taekwondoclubaltona.ca & Facebook @ taekwondoclubaltona

ALTONA & AREA FAMILY RESOURCE CENTRE

Offering Preschool & Family programming

For more information please contact 204-324-2352 or visit

www.altonafamilyresourcecentre.com or

www.facebook.com/Altona-and-Area-Family-Resource-Centre

Accepting new students ages 4-10 years of age into Sunrise classes & keyboarding program.

Sunrise classes—Ages 3.5—4 year old—Sep. 13th

Keyboarding classes—Ages 4 & up—Sep. 4th

For more information on Music for Young Children, Please contact Jennifer Klassen at (204) 324-8275 or altonamyc@gmail.com



ALTONA SKATING CLUB—CANSKATE

Canada's best learn-to-skate program with certified coaches.

No matter if your child wants to figure skate, play hockey or skate for fun; CanSkate will start them off on the right foot.

Contact Lisa Hiebert-Penner for more info Email altonaskatingclub@gmail.com or phone (204)384-8446

Registration will be on Tuesday, September 11th @ W.C. Miller Collegiate

Stay up to date by following us on Facebook

<https://www.facebook.com/townofaltonarecreationdept/>

Registrations starting August 30, 2018

BADMINTON—Adults & Teens

Date: Thursdays, Nov. 1st—Apr. 30th
Time: 8:30—9:30 pm
Location: Ecole Parkside Jr. High
Cost: \$10.00

*If interested please contact Tim Heppner @
mrct@mymts.net*

BEGINNER DOG OBEDIENCE CLASSES

Date: Sep. 10th—14th
Time: 6:00—7:00 pm
Location: Altona Curling Club
Cost: \$100.00

*Instruction by Mikayla Loewen,
Pawsitive Pet Services*



BEGINNER DANCE CLASSES (Fox Trot, Polka, Two Step & Waltz)

Date: Wednesdays, Sep. 20th—Oct. 24th
Time: 7:00—9:00 pm
Location: Rhineland Pioneer Centre
Cost: \$85.00 per couple

Instruction by Les & Alice Schultz



ADULT CO-ED BASKETBALL

Date: Mondays, Sep. 10th—Mar. 18th
Time: 6:30—8:30 pm
Location: Gretna School
Cost: Free—No registration necessary

*If interested please contact Don Feaver @
donfeaver@gmail.com or 204-319-0968*

BOARD & BRUSH PARTY NIGHT—Wood sign workshop

Date: TBD
Time: 7:00—9:00 pm
Location: Altona Curling Club Lounge
Cost: \$45.00

Includes all supplies & snacks

Instruction by Keesy Rodewald from Signs of Happiness

BOOT CAMP FITNESS

Date: Tuesdays & Fridays
1st Session—Sep. 18th—Oct. 26th
2nd Session—Nov. 6th—Dec. 14th
Time: 9:15 —10:15 am
Location: M.E.C Walking Track
Cost: \$50.00 per person—1 class per week
\$80.00 per person—2 classes per week

Instruction by Tracy Penner

COOKING CLASSES—Italian Series (Back by popular demand!)

Date: Thursdays, Oct. 11th, 18th & 25th
Time: 6:30—9:00 pm
Location: W.C. Miller Home Ec Room
Cost: \$120.00 per person, per series
Or \$50 per single class

Instruction by Karl Enns

INK & WATERCOLOUR WORKSHOP—Christmas Postcards

Date: Thursday, Nov 22nd
Time: 7:00—9:00 pm
Location: Gallery in the Park
Cost: \$20.00

Instruction by Olivia Klippenstein



EMERGENCY FIRST AID/CPR

Date: Saturday, Nov. 17th
Time: 8:30 am—4:00 pm
Location: M.E.C. Craft Room
Cost: \$115.00 per person

Instruction by Irv Braun

JENERCISE CONDITIONING BOOTCAMP

Date: Mondays and Wednesdays
1st Session—Sep. 10th—Oct. 17th
2nd Session— Oct. 29th—Dec. 10th
Time: 7:00 pm—8:00 pm
Location: M.E.C Walking Track
Cost: \$140.00 per person, per session

Instruction by Jen Slaney

STAINED GLASS WORKSHOP FOR BEGINNERS

Date: Saturday, Sep. 29th
Time: 9:00 am —5:00 pm
Location: M.E.C. Craft Room
Cost: \$60.00 per person

Instruction by Leonard & Anne Hordijk

PAINT PARTY NIGHT

Date: Friday, Oct. 26th
Time: 7:00—9:00 pm
Location: Altona Curling Club Lounge
Cost: \$45.00 per person

Includes all supplies & appetizers

Instruction by Painting on the Prairies

YOGA CLASS— Autumn Sessions, Ages 15 & up

Date: Mondays & Wednesdays
Sep. 10th—Nov. 28th
Time: Early class 5:30—6:30 pm
Late class 7:00—8:00 pm
Location: Gallery in the Park
Cost: \$130 for 1 day a week
\$220 for 2 days a week

Instruction by Susie Fisher

TAEKWONDO FOR ADULTS

Location: Taekwondo Club Altona
34 2nd Ave NE, Altona

Please contact Sergei Kankje @ 204-324-5700 or 204-794-6797 or visit www.taekwondoclubaltona.ca & Facebook @ taekwondoclubaltona

ACTIVE ADULT PROGRAMS (50+)

Registrations starting August 30, 2018

50+ CHAIR YOGA

Date: Mondays, Sep. 10th—Nov. 26th
Time: 3:30—4:30 pm
Location: Gallery in the Park
Cost: \$130.00

Instruction by Susie Fisher

55+ FITNESS CLASSES

Date: Mondays & Thursdays
Oct. 15th—Dec. 12th
Time: 10:00 —11:00 am
Location: The Gardens on Tenth,
Multi purpose room
Cost: \$80.00 per person
Register: Please contact The Gardens on Tenth
Ph. 204-324-8945

Instruction by Ang Stoesz

50+ FLOOR CURLING—LADIES

Date: Mondays, Sep. 17th—Dec. 17th
Time: 9:30 am—11:30 am
Location: M.E.C Community Centre
Cost: \$35.00 per person

50+ PICKLEBALL

Date: Tuesdays, Sep. 18th—Dec. 18th
Time: 1:00—3:00 pm
Location: Rhineland Pioneer Centre
Cost: \$35.00 per person / \$5.00 drop in

50+ MENS VOLLEYBALL

Date: Mondays & Thursdays
Oct. 11th—Apr. 25th
Time: 7:00—8:00 pm
Location: Ecole Parkside Jr. High Gym
Cost: Free—No registration necessary
Please contact Bob Stoesz at 204-324-8139

Stay up to date by following us on Facebook

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