

Winter/Spring 2019

Register @ the Recreation Office in the Millennium Exhibition Centre, by phone with a Mastercard or Visa at 204-324-9005 or online at www.altona.ca

Pre-registration and payment upon registration is necessary for all recreation programs.

Programs may be cancelled prior to start dates if minimum # of participants is not met.

NO REFUNDS FOR CLASSES MISSED DUE TO WEATHER CONDITIONS

KIDS & YOUTH

Registrations starting December 14, 2018

BABYSITTING COURSE

NOTE—Child must be 12 years of age to take this course

Date: Saturday, April 6th
Time: 9:00 am—3:00 pm
Location: Millennium Exhibition Centre
Cost: \$45.00 per person
Instruction by Brenda Friesen

BASEBALL—Altona Minor Baseball

Date: Registration—March 4th & 5th
Date: Season—May / June
Time: 7:00—9:00 pm
Registration: Millennium Exhibition Centre
Cost: Various pricing based on age levels
For more info contact Ralph Hamm @ ralphh@friesens.com

BASEBALL—Altona Girls Minor Softball

Date: Registration—March 4th & 5th
Date: Season—May / June
Time: 7:00—9:00 pm
Registration: Millennium Exhibition Centre
Cost: Various pricing based on age levels
For more info contact altonaangels12@gmail.com

GUITAR LESSONS—Ages 8 & up

Date: Tuesdays or Thursdays - 30 min. slots
Time: Jan. 8th—Mar. 21st
Location: Gallery in the Park
Cost: \$170.00 per person
Instruction by Paul Bergman

INK & WATERCOLOUR WORKSHOPS FOR KIDS

Date: Jan. 26th & Feb. 15th
Time: 1:00—4:00 pm
Location: Gallery in the Park
Cost: \$25.00 per person, per class
Instruction by Olivia Klippenstein

JUNIOR CURLING—GRADES 1—4

Date: Thursdays, Jan. 10th—Feb. 14th
Time: 5:00—5:45 pm
Location: Altona Curling Club
Cost: \$45.00
Instruction by Altona Curling Club

KIDS PAINT PARTY— Birdhouses— Ages 6 & up

Date: Friday, March 15th
Time: 4:00—5:00 pm
Location: M.E.C. Craft Meeting Room
Cost: \$35—Includes paint supplies & snacks
Instruction by Painting on the Prairies

KIDS PLANT PARTY — Mason Jar Terrariums - Ages 6 & up

Date: Friday, May 3rd
Time: 5:00—6:00 pm
Location: M.E.C. Craft Meeting Room
Cost: \$35—Includes plant supplies & snacks
Instruction by Partilife

SOCCER—Skills program—Grades 4—11

Date: Jan. 14th—Apr. 23rd
Mondays: Grades 4-7
Tuesdays: Grades 8-11
Time: 6:00—7:30 pm
Location: Ecole Elmwood School
Cost: \$90.00 per person
Instruction by Rodrigo Bravo

SOCCER—Altona Minor Soccer

Date: Registration—March 4th & 5th
Date: Season—May / June
Time: 7:00—9:00 pm
Registration: Millennium Exhibition Centre
Cost: \$80.00 per person
Competitive co-ed soccer in the Pembina Valley League. Ages 9-14
For more info contact Jackie Harms @ jackieharms@gmail.com

STAINED GLASS WORKSHOP— Child & Parent

Date: Friday, May 24
Time: 6:00—9:00 pm
Location: M.E.C. Craft Room
Cost: \$60.00 per pair
Instruction by Leonard & Ann Hordijk

TAEKWONDO—Junior Tigers & Beginners & Adults

Date: 2019—contact Sergei for start dates
Ages: Jr. Tigers—Ages 3—7
Beginners—Ages 8 & up
Location: Taekwondo Club Altona
34 2nd Ave NE, Altona

Please contact Sergei Kankje @ 204-324-5700 or 204-794-6797 or visit www.taekwondoclubaltona.ca & Facebook @ [taekwondoclubaltona](https://www.facebook.com/taekwondoclubaltona)

VOLLEYBALL (CO-ED) —Ages 16 & up

Date: Wednesdays, Jan. 16th - Apr. 24th
Time: 7:45—9:00 pm
Location: Ecole Parkside Jr. High Gym
Cost: \$30.00 per person

If interested please contact the Altona Rec. Office

WRESTLING—R.A.A.D. Wrestling Club

Date: Wednesdays, Jan. 9th—Feb. 13th
Time: 6:30—7:30 pm
Location: Ecole Parkside School
Cost: \$10.00 / \$20.00 competitive division
Instruction by Bruce Friesen-Pankratz
For more info, contact Bruce @ 204-324-5964

ALTONA & AREA FAMILY RESOURCE CENTRE

Offering Preschool & Family programming

For more information please contact 204-324-2352 or visit www.altonafamilyresourcecentre.com or www.facebook.com/Altona-and-Area-Family-Resource-Centre

Accepting new students ages 2.5—4 years of age into Sunrise classes—January 2019

Have a 2.5—4 year old? Looking for something to start in the new year? Sunrise Block 2 will be running for 10 weeks, January 17th—March 21st. Thursdays, 10:00 am. 30-35 min. classes. Your child will learn basic foundations to music, including rhythms, music vocabulary and much more. For more information on Music for Young Children, Please contact Jennifer Klassen at (204) 324-8275 or altonamyc@gmail.com



ALTONA SKATING CLUB—CANSKATE

Canada's best learn-to-skate program with certified coaches.

No matter if your child wants to figure skate, play hockey or skate for fun; CanSkate will start them off on the right foot.

Contact Lisa Hiebert-Penner for more info Email altonaskatingclub@gmail.com or phone (204)384-8446

**** Please note, some programs are added after this flyer has been created****

Stay up to date by following us on Facebook

<https://www.facebook.com/townofaltonarecreationdept/>

Registrations starting December 14, 2018

ADULT CO-ED BASKETBALL

Date: Mondays, Jan. 7th—Mar. 18th
Time: 6:30—8:30 pm
Location: Gretna School
Cost: Free—No registration necessary

If interested please contact Don Feaver @ donfeaver@gmail.com or 204-319-0968

BADMINTON—Adults & Teens

Date: Thursdays, Jan. 10th —Apr. 25th
Time: 8:30—9:30 pm
Location: Ecole Parkside Jr. High
Cost: \$10.00

If interested please contact Tim Heppner @ mrct@mymts.net

COOKING CLASSES—With Karl Enns

Date: Thursdays
South American Food Safari - Jan. 17th, 24th & 31st
Sushi & Tempura Evening - Mar. 21st
Southeast Asian Series - Apr. 4th, 18th & 25th
Southern United States & BBQ Series - May 9th & 16th
Time: 6:30—9:00 pm
Location: Call Rec. Office for more info
Cost: \$50.00 for Single classes, \$100.00 for two classes, \$120.00 for three class series.

Instruction by Karl Enns

DANCE CLASSES FOR ADULTS—Beginner & Basic Patterns

Date: Wednesdays, Mar. 20th—Apr. 24th
Time: 7:00—9:00 pm
Location: Rhineland Pioneer Centre
Cost: \$85.00 per couple

Instruction by Alice & Les Schultz

DOG TRAINING CLASSES - Pawsitive Pet Services

Date: Tuesdays & Thursdays
Apr. 30th - May 16th
Puppy Training (5:00 - 6:00 PM) - \$65.00 per person
Basic Obedience (6:15 - 7:15 PM) - \$105.00 per person
Heel Training (7:30 - 8:30 PM) - \$65.00 per person
Location: Altona Curling Club
Instruction by Mikayla Loewen, Pawsitive Pet Services

EMERGENCY FIRST AID/CPR

Date: Saturday, March 16th
Time: 8:30 am—4:00 pm
Location: M.E.C. Craft Room
Cost: \$120.00 per person
Instruction by Irv Braun

FITNESS BOOTCAMP—With Tracy Penner

Date: Tuesdays & Fridays
Session 1 - Jan. 8th - Feb. 15th
Cost: \$50.00 per person—1 class per week
\$80.00 per person—2 classes per week
Session 2 - Feb. 19th - Mar. 15th
Cost: \$60.00 per person
Time: 9:15 —10:15 am
Location: M.E.C Walking Track
Instruction by Tracy Penner

JENERCISE CONDITIONING BOOTCAMP—With Jen Slaney

Date: Tuesdays & Thursdays
Session 1 - Jan. 8th - Feb. 14th
Session 2 - Feb. 26th - Apr. 4th
Time: 7:00 pm—8:00 pm
Location: West Park School
Cost: \$140.00 per person, per session
Instruction by Jen Slaney

MACRAME 101—Plant Hanger Workshop

Date: Friday, April 12th
Time: 6:30—9:00 pm
Location: Altona Curling Club Lounge
Cost: \$45.00 per person
Includes all supplies & snacks
Instruction by Katrina Craig

PAINT PARTY NIGHT

Date: Friday, March 15th
Time: 7:00—9:00 pm
Location: Altona Curling Club Lounge
Cost: \$45.00 per person
Includes all supplies & appetizers
Instruction by Painting on the Prairies

PLANT PARTY NIGHT—SUCULENT GARDEN

Date: Friday, May 3rd
Time: 6:30—8:00 pm
Location: Altona Curling Club Lounge
Cost: \$45.00 per person
Includes all supplies & snacks
Instruction by Partilife

SUPER SOUPS—With Getty Stewart

Date: Wednesday, January 16th
Time: 6:30—8:30 pm
Location: Rhineland Pioneer Centre
Cost: \$35.00 per person
Instruction by Getty Stewart—www.gettystewart.com

STAINED GLASS WORKSHOP FOR BEGINNERS/INTERMEDIATE

Date: Saturday, May 25th
Time: 9:00 am —5:00 pm
Location: M.E.C. Craft Room
Cost: \$60.00 per person
Instruction by Leonard & Ann Hordijk

YOGA CLASSES—With Susie Fisher

Date: Mondays & Wednesdays
Jan. 7th— Mar. 27th
Time: Early class 5:30—6:30 pm
Late class 7:00—8:00 pm
Location: Gallery in the Park
Cost: \$130 for 1 day a week
\$220 for 2 days a week
Instruction by Susie Fisher

FREE PRE-SCHOOL & SENIORS SKATING & PUBLIC SKATING

Check the Sunflower Gardens arena schedule at www.altona.ca to view skating times. *FREE public skating is provided by local organizations: Altona Elks B.P.O. 447, B.S.I. Insurance—Altona Branch, Derksen Trucking Ltd., and Winner Circle Automotive*

ACTIVE ADULT PROGRAMS (50+)

50+ CHAIR YOGA

Date: Mondays & Wednesdays
Jan. 7th— Mar. 27th
Time: 3:30—4:30 pm
Location: Gallery in the Park
Cost: 1 class per week—\$130.00
2 classes per week—\$220.00

Instruction by Susie Fisher

55+ FITNESS CLASSES

Date: Mondays & Thursdays
Jan. 14th - Mar. 28th
Time: 10:00 —11:00 am
Location: The Gardens on Tenth,
Multi purpose room
Register: Please contact The Gardens on Tenth
Ph. 204-324-8945

50+ FLOOR CURLING—LADIES

Date: Mondays, Jan. 7th—Apr. 15th
Time: 9:30 am—11:30 am
Location: M.E.C Community Centre
Cost: \$35.00 per person

50+ PICKLEBALL

Date: Tuesdays, Jan. 8th—Apr. 16th
Time: 1:00—3:00 pm
Location: Rhineland Pioneer Centre
Cost: \$17.00 per person / \$5.00 drop in

50+ MENS VOLLEYBALL

Date: Mondays & Thursdays
Jan. 3rd—Apr. 25th
Time: 7:00—8:00 pm
Location: Ecole Parkside Jr. High Gym
Cost: Free—No registration necessary
Please contact Bob Stoesz at 204-324-8139

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